

# EJO4YOUTH COURSE OVERVIEW

## HOW TO BECOME AND EJO4YOUTH PRACTITIONER

The EJO4Youth training course is a blended-training course, meaning some units are based on self-learning with provided materials and the website, while other units are conducted in an in-person training with a facilitator.

In the following overview you will receive short information on the content of each unit, as well as which units are in-person and which are online.

Please be sure to prepare all the necessary documents and inform your national contact point on your motivation on becoming an EJO4Youth practitioner.



## MOTIVATION AND PRE-QUALIFICATION OF LEARNERS

Introduction to the programme and blended-learning course, clarification of structure and necessary documents (e.g. Learning Agreement).

## UNIT 1: PREPARATORY SESSION FOR PRACTITIONERS

Provision of necessary starting documents on counselling, training, and the self-learning units, information and introduction to the Symbolwork approach.

### UNIT 2: BASIC CLEARING

This is a self-learning online unit.

Basic Clearing aims to assess a person's current situation and whether there are areas where counselling is recommended.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 5: ISLANDS OF EMOTIONS

This is a self-learning online unit.

The Islands of Emotions support clients in their reflection on specific feelings, goals, characteristics, etc.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 8: QUALITY ASSURANCE

This is a self-learning online unit.

This unit provides the learner with information on how to monitor and guarantee the quality standards of counselling and support sessions, how to evaluate progress, and how to stand by professional ethical guidelines.

### UNIT 3: RESOURCE-/ COMPETENCE PATHWAY

This is a self-learning online unit.

The Resource- and Competence Pathway focuses on a person's resources, what they have achieved and learned in their life so far, and how this can contribute to their goal for the future.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 6: EXPLORATION OF INNER IMAGES

This is a self-learning online unit.

Inner Images work on the reflection on the client's life experiences and perceptions regarding a specific goal or aim.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 9: SYMBOLWORK APPLICATION (CASE STUDIES)

This unit is conducted in-person in a face-to-face session.

This unit supports you in applying symbolwork counselling in practice themselves and learning from case studies, as well as implementing your own counselling sessions as practice and training to improve your professional competences.

### UNIT 4: PLANNING PATHWAY

This is a self-learning online unit.

The Planning Pathway aims to set specific goals and target actions with the client on the counselling issue they need support with.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 7: WHEEL OF FEELINGS & EMOTIONS

This is a self-learning online unit.

The Wheel of Emotions aims to support clients in realising and reflecting on their feelings regarding a specific aim, perception, problem, or issue.

In the unit, you will be provided with an introduction to the method with text and video materials.

### UNIT 10: FINAL ASSESSMENT & FEEDBACK

This unit is conducted in-person in a face-to-face session.

This unit revolves around the final assessment of the case studies you provided from the last unit and final feedback on the learning process and progress achieved.



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